This year our connectedness has become even more apparent with the coronavirus pandemic revealing how our structures and demands on the earth’s resources have continued to disproportionately impact vulnerable communities. Yet amidst this suffering we have experienced moments of hope: carbon emissions dropping, new neighborhood connections formed, recognition of using only what we truly need.

Let us take one Laudato Si’ Goal each day as a starting point this Season of Creation (and every day thereafter!) as we pray and work towards equitable, healthy, safe communities for all and not just a temporary, but a lasting rest to our Earth.

**LAUDATO SI’ GOAL**

**M** Mondays

Respond to the CRY OF THE EARTH

*Lord, give us courage to treat your creation not as a given, but as a gift.*

**T** Tuesdays

Respond to the CRY OF THE POOR

*Lord, move us to act wisely and stand in solidarity with our brothers and sisters.*

**ACTIONS FOR JUSTICE & PEACE**

- Take action for your water (Clear Choices)
- Build a rain garden, install a rain barrel
- Reduce use and be responsible when using fertilizers; don’t use fertilizers that contain phosphorus
- Landscape with native plants
- Eliminate bare spots in your yard
- Create a wildlife habitat garden
- Pick up litter / Scoop the Poop
- Take hazardous household items (oil, paint, solvents, etc) to a ToxDrop site
- Donate unneeded items to St. Vincent de Paul rather than throwing them away
- Volunteer with Catholic Charities
- Sponsor a youth in a vulnerable group for the 2021 EarthCharter Indiana’s Climate Camp
- Give thanks and welcome others to your table
<table>
<thead>
<tr>
<th>Day</th>
<th>LAUDATO SI’ GOAL</th>
<th>ACTIONS FOR JUSTICE &amp; PEACE</th>
</tr>
</thead>
</table>
| Weds | Participate in ECOLOGICAL ECONOMICS | • Shop for food locally and get to know the people behind your purchases  
• Use Fair Trade Certified products  
• Look for minority-owned businesses  
• Invest in renewable energy  
• Support a business that follows green practices  
• Sponsor youth entrepreneur programs |
| Thurs | Adopt SIMPLE LIFESTYLES | • Cook simple meals at home  
• Reduce consumption of beef and cheese – two of the top three highest carbon footprint  
• Buy clothing second-hand or from ethically-sourced clothing brands  
• Avoid excess packaging and plastic  
• Do a zero-waste day (or week!)  
• Learn how to DIY something you would normally buy (clothes, storage, etc.) |
| Fri  | Encourage ECOLOGICAL EDUCATION | • Encourage your parish/school to offer a program on Laudato Si’ or a module on climate change  
• Collaborate with schools to offer hands-on ecological education (how to garden, compost, recycle, enjoy nature etc.)  
• Read an article about environmental justice in a country outside of the U.S. |
| Sat  | Encourage COMMUNITY INVOLVEMENT & PARTICIPATORY ACTION | • Encourage your local municipality to participate in the EarthCharter Indiana Resiliency program  
• Be an advocate for policy that supports the environment (HEC or H-IPL)  
• Work on joint actions with other congregations in your area  
• Support efforts to eliminate food deserts and advocate for clean air |
| Sun  | Discover ECOLOGICAL SPIRITUALITY | • Create a sacred space outside and reflect on God’s gift of Creation  
• Encourage your parish to host a retreat outdoors; visit an Indiana sacred space  
• Read portions of Laudato Si’ using a study guide  
• Reflect with the Laudato Si’ 5th Anniversary Card or Common Prayer |