

Plantable Seed Paper

Seed paper is produced by mixing recycled paper pulp with seeds and pressing the mixture into a shape and drying it. At the end of this activity you will have your own seed paper to plant or share with friends and family!

Equipment / Tools

- Blender
- Mixing bowl
- Cookie cutters
- Parchment paper or cloth

Materials

- Water
- Any paper that can be recycled
- Black Eyed Susan seeds

What to do:

1. Rip the paper into small pieces (or use a shredder) until you have about 3 cups of paper. If you want to add some color you can use a piece or two of dark construction paper.
2. Add paper to the blender with 6 cups of warm water and let it soak for 10-15 minutes.

While the paper is soaking, take a “timeout” for prayer. Read and pray with the story of creation – Genesis Chapter 1 & Chapter 2:1-3. Talk about ways we can take care of God’s creation and things we do that hurt creation. What are we thankful for today? Pray for those who are impacted by polluted waters, unclean air, lack of fresh food.

3. Blend the paper into a pulp, starting on low until it is soupy. You shouldn’t see any pieces of paper left.
4. Transfer pulp to a large mixing bowl. Squeeze as much water from the pulp as you can with a rag or towel or put in a fine mesh strainer and press out the water.
5. Prepare your surface to lay the pulp. You can use parchment paper, terry cloth, microfiber towel, flannel etc. Take a handful of the pulp and sprinkle some seeds in it (quantity dependent on your shape and the look you are going for!).
6. Press the pulp into a cookie cutter or your desired shape on your surface. Spread as thin as possible to make sure it dries quickly. Remove the cookie cutter.
7. Press the finished shape with a sponge or absorbent towel to soak up more water. For something fun, press rubber stamps into the surface of the wet paper (Simple shapes work best!)
8. After the pulp has dried on one side, turn it over and allow the other side to dry completely. Once both sides are dry, your seed paper is ready! Decorate the popsicle sticks to mark where you planted your paper.
9. If you are giving these as gifts, make a copy of the piece below or download for printing at bit.ly/socseedpaper

Black Eyed Susan Plantable Seed Paper

This paper has Black-Eyed Susan seeds in it. I made it from recycled paper! Recycling, reusing, and planting flowers are some ways to give thanks to God and take care of his creation.

Planting Instructions

Plant in the fall. Lay the paper on the surface of the soil and sprinkle about one-quarter-inch thick layer of soil on top. Say a prayer of thanksgiving for the blessings in your life.

About Black-Eyed Susan *(Rudbeckia hirta)*

Soil: Medium wet-medium dry Light: Sun-part sun
Bloom time: June-Oct Height: 2 ft
Color: yellow Life cycle: Biennial

To:

From:

Share your planting with us!

   @CommonHomeIndy
@MarianUEcoLab



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